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## 66. My core beliefs about money

The most important lesson(s) I learned from my parents about money is/are

1. One important value I hold around money is:
2. Some of the things I don't mind spending money on are
3. Some of the things I don't like spending money on are
4. One financial goal I have for myself is
5. (If relevant) Some of the things I would like to teach our children about money are

## 67. Financial Goals

1. What I think you and I are doing right as we manage our finances is
2. What concerns me about how we are managing our money is
3. One financial goal I have for us is
4. The reason this is important to me is
5. What we might have to change in order to achieve this goal is
6. What might be hard for us about this is
7. If we could accomplish this goal how I imagine I would feel would be \_\_\_\_\_
8. And I realize you may feel differently about this than I do

## 68. Feelings about my job/career

1. What I like about my current job/situation
2. What I don't like about it
3. The biggest challenge I am facing
4. As I think about this the story I tell myself is
5. And what I start to feel is
6. If there was one thing I could change about how I'm handling things it would be
7. The way you could support me in this is \_\_\_\_\_ and I realize this may not be possible for you

## 69. My ideal job

Describe your ideal job. Include such things as:

1. what you would be doing
2. who you would be working with
3. what the work environment would be like
4. how many hours you would be working
5. what the salary/benefits would be

1. What I would like about being in such a job
2. The ways such a job might be a challenge for me
3. What makes it hard for me to pursue this (or what blocks me from achieving such a job)
4. Steps I could possibly take to move in this direction
5. Some possible ways you could help me with this if you felt like it

#### **70. Cutting Costs**

1. One way I would like to cut our costs/change our spending habits is
2. What I think might be hard about this is
3. The positive impact I think it would have
4. One reason we might not want to do this is
5. How we could support each other in doing so might be



**"Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it." Rumi**